

Past Perfect Progressive

had been + Ving

Прошедшее

завершено-длительное время

Past Perfect Progressive используется, чтобы рассказать о действиях, которые начались и продолжались до другого действия или до определенного момента в прошлом. Начало действия в прошлом обозначается предлогом **since** (с), период продолжения действия – предлогом **for** (в течение).

Указатели времени: *since, for, how long, before, untill*

had been + Ving

I **had been eating** healthy food **for** five years until I began to feel better.

They **had been waiting** **for** days **before** she called them

She **had been using** this shampoo **since** last month.

Had been + Ving....?

Had you **been living** here for a year before you moved?

How long **had** he/ she **been keeping** a diary?

Since what time **had** they **been taking** regular exercise?

Had not been + Ving

I **had not (hadn't) been buying** junk food since 2010.

We **had not (hadn't) been eating** pizza for a long time when we decided to try one.

She **had not (hadn't) been drinking** Cola since May.